



Bob Menzies &
Associates



Your Next Chapter Guide: Rightsizing with Confidence

Simple Ideas • Beautiful Living
• Modern Comfort



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Introduction

Moving to a new home is exciting — but it can also feel emotional. This guide covers the practical, financial, and heartfelt sides of rightsizing so you can move forward feeling prepared and positive.

Emotional Side of Rightsizing It's normal to feel attached to memories in your current home. Give yourself time to process. Many people find that focusing on the freedom and new adventures ahead makes the transition smoother.



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Decluttering Made Simple Use the popular “Four-Box Method”:

- Keep
- Donate/Sell
- Storage (use sparingly)
- Trash/Recycle

Start small — one room or even one drawer at a time.

Ask: “Do I love it? Use it? Need it in my next home?”

Logistical & Financial Tips

- Timeline: Start planning 6–12 months ahead if possible.
- Selling vs. buying first: We can explore bridge loans or other options.
- Must-have features in your next home (single-level, low maintenance, great location).
- Moving day checklist included at the end.

Mentally Preparing Visualize your ideal day in the new home. Focus on what you’re gaining: less upkeep, more time for what you love, and a home that truly fits this exciting next chapter.

You’ve earned this! Let’s make the transition smooth and joyful.